

Reference Number: FOIAH2425/384
From: Private Individual
Date: 14 October 2024
Subject: Staff Counselling and Mental Health Support

Q1 The total amount of money spent and total number of hours of counselling and mental health support services provided to staff each month from 1 July 2022 to the present day, broken down by month

A1 The Alder Centre, based here at Alder Hey, provides some staff counselling for staff in Alder Hey. Please see below for number of sessions provided and equating finances over the period requested:

Month	Hours of Counselling	Cost
July 2022	37	£867.96
August 2022	46	£1,079.08
September 2022	66	£1,548.24
October 2022	65	£1,524.79
November 2022	55	£1,290.20
December 2022	41	£961.79
January 2023	44	£1,032.16
February 2023	41	£961.79
March 2023	40	£938.33
April 2023	57	£1,405.82
May 2023	49	£1,208.51
June 2023	61	£1,504.47
July 2023	53	£1,307.16
August 2023	44	£1,085.19
September 2023	33	£813.89
October 2023	32	£789.23
November 2023	38	£937.21
December 2023	34	£838.56
January 2024	37	£912.55
February 2024	29	£715.24
March 2024	34	£838.56
April 2024	43	£1,120.38
May 2024	52	£1,354.87
June 2024	46	£1,198.54
July 2024	49	£1,276.71
August 2024	33	£859.82
September 2024	26	£677.44

In addition, some mental health support is provided to staff through the Trust's Staff Advice and Liaison Service (SALS), alongside other services for staff. The Trust does not record this activity separately to other services offered by this service, and therefore the Trust is unable to provide the specific information requested in relation to hours and costings.