

# ALDER HEY MATTERS.

ISSUE #34

HAVE YOUR SAY ON OUR MATTERS. EMAIL [MEMBERSHIP@ALDERHEY.NHS.UK](mailto:MEMBERSHIP@ALDERHEY.NHS.UK)

## PAST AND PRESENT RACE STARS VISIT ALDER HEY!

**RACHAEL BLACKMORE, SEAN BOWEN, JACK QUINLAN, HENRY BROOKE, SAM TWISTON-DAVIS AND NICO DE BOINVILLE WERE AMONG THE 15 JOCKEYS WHO VISITED ALDER HEY DURING THE RANDOX GRAND NATIONAL FESTIVAL.**

“The way the whole hospital is set up is like no other hospital that I have been in before. They really try to make what is probably a really stressful and worrying time for families as easy as possible.”

Jack Quinlan (Jockey)

The jockeys spent time with children, young people, their families and members of the Alder Hey Team. They were also joined at the Hospital by 2012 Grand National winner Neptune Collonges bringing smiles to many on another memorable visit to Alder Hey.

Alder Hey was also represented at the famous Grand National steeplechase. Play Specialist Amanda Walker was named as the honorary 35th runner, the fifth time Alder Hey has been given this honorary placing since 2019.



## NHS CHILDREN AND YOUNG PEOPLE'S GENDER SERVICE OPENS!

**THE NHS CHILDREN AND YOUNG PEOPLE'S GENDER SERVICE OPENED IN APRIL AND WILL PROVIDE SPECIALIST GENDER RELATED CARE AND SUPPORT TO CHILDREN AND YOUNG PEOPLE.**

In September 2020, NHS England commissioned an independent and wide-ranging expert review of gender identity services for children and young

people led by Dr Hilary Cass, past President of the Royal College of Paediatrics and Child Health.

The Cass Review was clear that new regional centres should be led by specialist children's healthcare providers and ideally specialist children's hospitals with strong links to mental health services.

Together, Alder Hey and the Royal Manchester Children's Hospital have used guidance set out by NHS England

- informed by the Cass Review's interim report (published in 2022) - to develop and deliver a new kind of service.

The new service will focus on both physical and mental health support, provided by a multi-disciplinary team of paediatricians, nurse specialists, mental health professionals (including psychiatrists and psychological professionals), occupational therapists, social workers, youth workers, family therapists and speech and language therapists.

**Continued on page 3 ...**

# LATEST NEWS

7TH MARCH



## GILLIAN KEEGAN VISIT

The Rt Hon Gillian Keegan MP, Secretary of State for Education visited Alder Hey to find out about the hospital school and unique educational offers at Sunflower House. This included visiting ward classrooms, where teachers work closely with our medical professionals to help children and young people continue their education while in hospital.

27TH MARCH



## ALDER HEY WINS HSJ AWARD

Alder Hey's partnership with Strasys Ltd earned a Gold Award for Best Consultancy Partnership with the NHS at the HSJ Awards. This partnership places a special focus on addressing children's unmet needs, ensuring that their voices are heard, and their healthcare environment is conducive to their growth and well-being. Congratulations to all involved.

2ND APRIL



## HEALTHCARE DESIGN AWARD FOR CATKIN AND SUNFLOWER

Alder Hey's Catkin Centre and Sunflower House were awarded Best Acute Design Award at the 2024 Healthcare Design Awards.

11TH APRIL



## ROMESH VISITS ALDER HEY!

Comedian, Romesh Ranganathan met teenagers and their families on a visit to our Oncology Ward.



# ALDER HEY CHILDREN'S CHARITY UPDATE

**WE WOULD LIKE TO THANK EVERYBODY WHO TOOK PART IN THE MARCH 50K CHALLENGE TO SUPPORT OUR MEDICINEMA APPEAL.**

Supporters were encouraged to run, walk, cycle or swim 50km over the month of March, and our Charity were inundated with so much incredible support for the challenge. Over 500 people took part, with all the money raised going towards making a difference for patients and families at Alder Hey. Thank you so much.

In event related news, there is only one month to go until the Yorkshire 3 Peaks challenge, and there is still time to get involved. The challenge will take in the very best of the stunning Yorkshire Dales, as you take on the peaks of Ingleborough, Wharfedale and Pen Y Ghent. You will be joined by experienced and friendly mountain leaders who will be there to guide

you on the journey every step of the way. Registration is just £55, so scan the QR code to sign up today and make a difference at Alder Hey.



Finally, following the success of his first ever exhibition, 'In One Place', Liverpool street artist Paul Curtis created new paintings to raise funds for both Alder Hey Children's Charity and the Whitechapel Centre. One artwork was put up for auction, with the other being raffled in a draw by Paul himself. In total, Paul raised £4,350, which will be split equally between Alder Hey Children's Charity and the Whitechapel Centre. Thank you to Paul and everyone involved with this auction for your incredible support.

For more information you can visit: [www.alderheycharity.org](http://www.alderheycharity.org)

## NHS CHILDREN AND YOUNG PEOPLE'S GENDER SERVICE OPENS CONTINUED...

Our team of specialist health professionals will work alongside local services including GPs, other health and social care professionals, voluntary sector services and mental health teams to ensure children and young people are given the support they need.

“We are proud of the team from Alder Hey and Manchester who have worked tirelessly together to develop this hugely important new service for children and young people. This will be a fundamentally different service to what was offered previously and brings the expertise of two specialist children's hospitals, mental health services and other local services together to provide the care recommended by Dr Cass.

“At the heart of the service is a real focus on delivering quality care to children and young people, many of whom have experienced emotional distress in their lives, and who deserve all the care and support that together Alder Hey and Manchester can offer them. We look forward to welcoming them and their families.”

**Louise Shepherd** (Chief Executive of Alder Hey Children's NHS Foundation Trust) and **Stephen Dickson** (Chief Executive of the Royal Manchester Children's Hospital)



# KIDS CORNER

## SPRING SPOT THE DIFFERENCE!

Can you spot the 12 differences between the two pictures of the children in the rain?



### PAIR THE WELLIES

How many matching pairs can you make?



### SPRING FLOWERS

Unjumble the letters to spell flower names!

1. **E B B E L U L L**
2. **Y D I S A**

Pair the wellies: 5  
1: Bluebell 2: Daisy



ANSWERS: