

ALDER HEY MATTERS.

ISSUE #33

HAVE YOUR SAY ON OUR MATTERS. EMAIL MEMBERSHIP@ALDERHEY.NHS.UK

SIR KEIR STARMER MP LAUNCHES CHILD HEALTH ACTION PLAN AT ALDER HEY

THE LEADER OF THE LABOUR PARTY, SIR KEIR STARMER MP AND SHADOW SECRETARY OF STATE FOR HEALTH, WES STREETING MP VISITED ALDER HEY IN JANUARY TO LAUNCH THE LABOUR PARTY'S 'CHILD HEALTH ACTION PLAN'. DURING THEIR VISIT, THEY WERE ABLE TO HEAR ABOUT ALDER HEY'S VISION 2030 STRATEGY, TALK TO OUR CLINICIANS ABOUT THE CHALLENGES CHILDREN AND YOUNG PEOPLE ARE FACING AND FIND OUT HOW TEAMS AT ALDER HEY ARE TRYING TO TACKLE THEM.

Keir Starmer MP thanked Alder Hey staff for the work that they do. During a Q&A

session with staff and some of our young governors, the Labour Leader talked about the current state of mental health services, the future of children and young people's health and the need for early intervention to help reduce the stress on NHS resources. He stated that this and the need to increase the NHS workforce were key parts of his strategy.

Louise Shepherd CBE, Chief Executive at Alder Hey said: "We welcome the opportunity to discuss approaches to child health with the Labour Party, and to share details of some of the important work we're doing at Alder Hey to tackle the growing health challenges faced by children, young people and their families."

Keir also visited Ward 1C to meet some of our families there and the staff caring for them.

“The staff are fantastic. Their energy, enthusiasm and their sense of just getting things done is really uplifting and I would say that I have been humbled by what they are doing here, I want to take their ideas and craft them into something that we can use. Therefore, Alder Hey will have its fingerprints on what I hope the next Labour government can achieve.

“I think we need a Children's Strategy. Although most of the public would think that children are prioritised when it comes to physical and mental health, sadly that isn't the case. But the staff here are rising to that challenge. But what I have heard clearly here is that a real Children's Strategy would be great and what I have said to them is, help us do that.”

- Keir Starmer,
MP & Leader of the Labour Party



Patient Governor Emily Carragher-Leigh said, "As someone who has been under mental health services in the past, I was very happy to hear that Labour's plan has a focus on early intervention for children and young people's mental health across the country. Not only will this take the burden off the NHS but also help so many young people in the future."

VISION 2030

ALDER HEY'S NEW VISION 2030 STRATEGY AIMS TO CREATE A HEALTHIER, HAPPIER AND FAIRER FUTURE FOR CHILDREN AND YOUNG PEOPLE.

This means helping to shape a world where health and wellbeing isn't limited by a child's social, economic or ethnic background.

The needs of children and young people are changing. More and more are living with long term and complex health conditions. Austerity has led to closure of vital children's centres and a lack of investment in prevention services while the Covid-19 pandemic also had a huge impact. Children and young people are now facing huge challenges; increased inequalities, poorer health, wellbeing and educational outcomes and a mental health crisis for the youngest in our society.

To develop Vision 2030, we focused on the needs of children and young people. Their feedback helped us to identify and prioritise four areas of need; Get Me Well, Personalise My Care, Improve My Life Chances and Bring Me the Future.

To enable us to meet these needs, we have set ourselves five major goals:

1. **Push ourselves to always provide outstanding care and experience.**
2. **Collaborate** with partners to develop and deliver system that children, young people and their families can get the best out of.

3. **Revolutionise care** by harnessing the latest technologies to ensure the delivery of the health and care outcomes.

4. **Support our people** by understanding them better, motivating them and ensuring they have fulfilling careers.

5. Achieve **pioneering breakthroughs** in paediatric treatment and healthcare.

This will all be reliant on 'Our People'; our incredible staff who are our greatest strength.

“ Vision 2030 encapsulates all I believe we should aspire to. It focuses on people at the heart of care: that is people who need our care and people who are there to care. It goes even further and says how those people's experience can be enhanced by creative use of new technology. We have the people and the creativity to deliver Vision 2030.

I am driven by Maya Angelou's quotation: "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." For me Vision 2030 is all about how we make people feel.”

- **Daniel Casson, Alder Hey Public Governor for the Rest of England**



Shadow Secretary for Health Wes Streeting MP visited our Innovation Hub to find out how initiatives like our online mental health referral hub and Asthma Mapping are already helping to improve health and care outcomes for children and young people.

MEASLES ON THE RISE - HAS YOUR CHILD HAD THE VACCINE?



MEASLES IS AN INFECTION THAT SPREADS VERY EASILY BETWEEN PEOPLE. THIS USUALLY STARTS WITH COLD-LIKE SYMPTOMS WHICH CAN LEAD TO A RASH, WITH SOME PEOPLE EXPERIENCING SMALL SPOTS IN THEIR MOUTH.

For certain groups of people, such as, immunosuppressed individuals, young infants, and pregnant mothers, measles can be extremely serious. The disease can potentially lead to complications such as, pneumonia, meningitis, blindness, and seizures. The best way to prevent this disease, and to avoid becoming seriously ill, is the MMR (measles, mumps, and rubella) vaccine.

Across England, on average one in ten children are not up to date with their MMR vaccinations, with some areas in the country as low as two in five. This puts thousands of children at risk of catching measles and the disease spreading in unvaccinated areas. The best way to avoid the risk of measles is to have two doses of the MMR Vaccine. This provides over 99% protection and is enough to give lifelong protection from becoming seriously unwell with mumps, measles, and rubella. The first vaccine is usually given to children when they are one year old, with a second dose given at around three years and four months.

To check if your child has received the vaccine, check their red book or GP records, and book an appointment to catch up on any missed doses.

To find out more about measles and the MMR vaccine, visit: **MMR (measles, mumps and rubella) vaccine - NHS** (www.nhs.uk)

LATEST NEWS

DECEMBER



STARS JOIN IN CHRISTMAS CELEBRATIONS!

A number of high profile celebrities visited Alder Hey over the Christmas period. Football stars from both Everton and Liverpool football teams and TikTok star Still Ryan popped in to meet some of our children and young people.



CELEBRATING OUR ALDER HEY STARS!

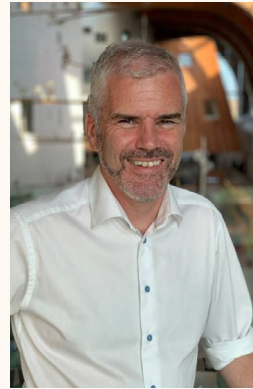
We celebrated our amazing staff at a special Alder Hey Stars Christmas Celebration. Staff nominated by colleagues for our monthly Star Awards were invited to a three course Christmas dinner alongside magical musical performances.



ALDER HEY A&E COME TOP IN THE NORTH WEST!

Alder Hey's Emergency Department was ranked first in the North West and second nationally during a busy December.

JANUARY



PROFESSOR SIMON KENNY AWARDED OBE

Congratulations to Professor Simon Kenny who was awarded an OBE for Services to Paediatric Surgery in the New Year's Honours List. A Consultant Surgeon at Alder Hey since 2003, Simon is also National Clinical Director for Children and Young People at NHS England.



CENTRE OF EXCELLENCE AWARD

Alder Hey received Muscular Dystrophy UK's Centre of Excellence Award in recognition of the ongoing care and support that our Neuromuscular Team provides to children and young people.

NHS CONFEDERATION CEO VISITS ALDER HEY

Matthew Taylor, CEO of NHS Confederation, visited our Innovation Hub and Institute in the Park to find out about the innovative work Alder Hey clinicians are doing to solve the challenges facing children and young people.



DIGGERS START WORK ON NEONATAL

Main construction is underway on our new Surgical Neonatal Intensive Care Unit and Same Day Emergency Centre.

UPDATE FROM ALDER HEY CHILDREN'S CHARITY

WE WOULD LIKE TO SEND A HUGE THANK YOU TO EVERYONE WHO ATTENDED THE JOLLY OLI CHRISTMAS CONCERT IN DECEMBER! IT WAS A MAGICAL EVENING WHICH FEATURED SIX INCREDIBLE LOCAL CHOIRS. THE PROCEEDS FROM THE CONCERT WILL MAKE SUCH A DIFFERENCE FOR THE BRAVE PATIENTS AND FAMILIES AT ALDER HEY.

The Charity recently launched a MediCinema Appeal for a state-of-the-art cinema to be built at Alder Hey!

In partnership with the Trust and MediCinema Charity, Alder Hey Children's Charity are asking you to buy a cinema ticket and help us to bring some Hollywood magic to Alder Hey. Scan the QR Code for more information.

Make sure to get your tickets to the annual Oli Safari Walk, which is returning to Knowsley Safari Park for its tenth year! Oli's Safari Walk is a 3km stroll which is suitable for all ages and is wheelchair and pram friendly, so gather your family and

friends and head on down to Knowsley on 12th May for another unmissable event! Make sure to get your tickets early from alderheycharity.org

If you have made a donation to Alder Hey Children's Charity in the last four years but have not signed our Gift Aid form, please visit our website to complete the form. We will be able to boost your generous gift by 25% without it costing you a penny extra! Thanks as always for your amazing support! We can't wait to see lots of you at Oli's roar-some Safari Walk!"

For more information you can visit: www.alderheycharity.org



Oli at the Safari Walk.



The Jolly Oli Christmas Concert 2023.

Oli's Safari Walk

Knowsley Safari Park
Sunday 12th May 2024
Gates Open @ 9:00am
Event Starts @ 10:00am

3k Sponsored Walk

Wheelchair & Pram Friendly

Full Safari Access Included

Proudly Sponsored by **APPLIED NUTRITION**

Ticket Information:

Adults - £15.00 || Children - £7.50 || Family (2 Adults & 2 Children) - £30.00

To find out more, or to purchase tickets, visit www.alderheycharity.org/events, email helen.hughes@alderheycharity.org or scan the QR code.

Online Entry (online registration closes Thursday 9th May).

Registered Charity No: 1160661

Scan here for more info!

[Click here for more information.](#)

KIDS CORNER

SPRING SPOT THE DIFFERENCE!

Can you spot the 10 differences between the two pictures of the children flying their kite?



SPRING CHICKS

How many chicks does the hen have?



OLI'S JOKES!

What did the big flower say to the small flower?
Your growing up fast bud!

What do chickens use to wake them up?
Alarm clucks!

SPRING FLOWERS

Unjumble the letters to spell flower names!

1. I F D O F A D L
2. L T P U I

Spring chicks: 10
Spring flowers: 1 - Daffodil 2 - Tulip



ANSWERS: