



Emergency Department

Use of a Volumatic Spacer

Information for Parents/ Carers

Introduction

How to use a Metered Dose Inhaler with a Volumatic & Mask

1. Fit the two halves of the volumatic together.
2. Attach the face mask to the volumatic
3. Remove the mouthpiece cover from the metered dose inhaler.
4. Shake the inhaler and insert into the volumatic.
5. Tip the spacer to a 45 degree angle to enable the valve to remain open.
6. Apply the mask to the child's face covering nose and mouth, so there are no gaps around the mask.
7. Press the inhaler canister once to release a dose of medication, keeping the mask on the child's for 20 seconds of normal breathing.
8. Wait for 30 seconds before repeating steps 4-7.
9. When using this method for inhaled steroids, remember to rinse the child's mouth out after Treatment.

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

This information can be made available in other languages and formats if requested

