



# ALDER HEY MATTERS

ISSUE #32

HAVE YOUR SAY ON OUR MATTERS. EMAIL [MEMBERSHIP@ALDERHEY.NHS.UK](mailto:MEMBERSHIP@ALDERHEY.NHS.UK)



## ANNUAL MEMBERS MEETING 2023



**THIS YEAR'S ANNUAL MEMBERS MEETING (AMM) WAS HELD VIRTUALLY ON 13TH NOVEMBER. THE EVENT WAS HOSTED BY DAME JO WILLIAMS (CHAIR), ANA SAMUEL (LEAD GOVERNOR), JOHN GRINNELL (MANAGING DIRECTOR/DIRECTOR OF FINANCE), LOUISE SHEPHERD (CEO) AND RACHEL LEA (DIRECTOR OF FINANCE AND DEVELOPMENT).**

The purpose of the meeting was to present the Annual Report and Accounts for the financial year 2022/23 and provide feedback on how the Trust performed, including its key achievements. The AMM also featured a video produced by our communications team and featured the Alder Hey Forum and Chameleons Group in the style of 'Who Wants to be an Alder Hey Exec?' to deliver just some of the highlights from the Annual Report and Accounts.

Reflections from the last 12 months were shared, specifically highlighting the challenges facing the NHS and how Alder Hey has responded through mechanisms such as mutual support for our staff, new ways of working and working collaboratively with our system partners. Examples of this include:

- Alder Hey's remote monitoring platform 'Little Hearts at Home' which allows our most vulnerable cardiac patients to remain safely at home and is the first of its kind in the UK.
- Alder Hey's online Symptom Checker, developed as a tool for families to get clinical advice about their child's symptoms and be signposted to an

appropriate service. The tool has been accessed by over 300,000 people since its launch in early 2022.

- Alder Hey completed the building of Sunflower House, a Tier 4 Mental Health Facility for children aged 5-13 years old. This facility is located near our hospital and replaces the Dewi Jones unit. It cares for children who experience the most challenging mental health conditions. Sunflower House provides a new therapy garden, a calming sensory room, an immersive room, a destimulation room, a safe kitchen environment to learn cooking and other life skills, group therapy rooms and classrooms.
- The introduction of SALS Pals (Staff Advice and Liaison Service) is a project that has seen 48 wellbeing champions trained to offer compassionate support, help and guidance to our colleagues. Since its creation in 2020, the proportion of staff absent from work due to mental health reasons has reduced significantly from 43.49% in 2020 to 29.62% in 2022.
- Strong Foundations is Alder Hey's bespoke leadership training programme for all managers and leaders at Alder Hey regardless of their level or experience. At the end of 2022/23, over 400 staff had attended our in-house leadership development programme across 25 cohorts and we have over 130 staff on the waiting list.
- Safe Staffing and Inclusivity – Last year saw the arrival of a further cohort of 71 international nurses. This is just one of the many ways we ensure that our wards

and departments have enough staff to deliver safe care. In addition, the Trust relaunched the Equality, Diversity and Inclusion Steering Group and a number of staff networks which will be integral to the success of the Trust's ED&I agenda.

John Grinnell, Managing Director, presented an update on the delivery of the Trust's Strategic Plan to 2024 noting progress against achievement of our strategic objectives. Chief Executive, Louise Shepherd concluded the meeting by showcasing our new Strategy 2030 which received input from over 600 children and young people, their families and our staff to look at how we will achieve our Vision and meet the changing needs of children and young people locally, regionally and globally.

We want to say a big thank you to everyone who makes Alder Hey such a special place ensuring we deliver safe care and the best experience to the children and young people, their families and to everyone involved in the Annual Members Meeting. A particular thanks to The Forum and Chameleons Group for kindly taking part in the 'Who Wants to be an Exec' video for the AMM! To watch the Annual Members Meeting back, visit: [Alder Hey Annual Members' Meeting 2023 - YouTube](#).



# LATEST NEWS

## 29TH NOVEMBER

### CHRISTMAS LIGHT SWITCH ON

Dr Ronx from CBBC's Operation Ouch along with patient, Rubi-Mae switched on our Alder Hey Christmas Lights! The day was filled with many talented performers, arts and crafts and free hot chocolate! If you missed

it, make sure to watch it back on our YouTube: [Alder Hey Christmas Light Switch On 2023 - YouTube](#)



## 10TH NOVEMBER

### LITTLE HEARTS AT HOME WIN AN RCN AWARD

The Little Hearts at Home Team succeeded at the Royal College of Nursing Awards by winning the 'Innovation in your Speciality Award'. Their remote monitoring

platform enhances the job of the nursing teams, reducing time in hospital and anxiety for families.



## 8TH NOVEMBER

### CEO LOUISE SHEPHERD AWARDED FELLOWSHIP AT LIVERPOOL JOHN MOORES UNIVERSITY (LJMU)

Our Chief Executive, Louise Shepherd CBE, is one of the ten new Honorary Fellowships

awarded at LJMU. LJMU awarded these to people they believe have had outstanding achievements in their respective fields, and who have improved the lives of people in the Liverpool Region and beyond.



## 26TH OCTOBER

### INTERNATIONAL AWARD WIN FOR SALS

We are delighted to announce that our SALS Service achieved a Gold Award in the American Hospital Association Healthcare Worker's Wellbeing Category and were recognised for 'excellence'.



## 13TH OCTOBER

### ALDER HEY AHP DAY

AHP Day was a day of celebrating the amazing work that AHPs do. This included celebrations, presentations and even a cake competition!



## GOVERNOR PROFILE: CARLY BROWN

**"I WAS BORN AND BRED IN LIVERPOOL AND GREW UP A FEW MINUTES FROM ALDER HEY, SO I SPENT MANY DAYS PLAYING IN SPRINGFIELD PARK! I STILL LIVE ABOUT 10 MINUTES AWAY FROM THE HOSPITAL IN CHILDWALL. EVERY TIME I DRIVE PAST THE HOSPITAL I ALWAYS FEEL GRATEFUL FOR WHAT A FANTASTIC SERVICE WE HAVE ON OUR DOORSTEP."**

"I am currently the Change and Integration Director for Children's Services in Cheshire and Merseyside, working for the nine Local Authorities and the newly formed Cheshire and Merseyside Integrated Care Board. I have three children (aged 9, 10 and 13) and a cavapoo called Piper!"



"Following on many visits and experiences I have had with my children (and when I was younger!) I always come away feeling extremely humbled by the care, compassion, and humour that Alder Hey provides to patients and families. It made me question what I can do, to ensure this unique spirit is never lost and being a Governor will help do this. I want to champion the voice of the children and their families to make services even better, to ensure that, despite external challenges, standards exceed expectations. I aim to be a positive advocate for children's health needs in the city and the region."

"I am fascinated with listening to the children's experiences, their stories and what matters to them most. As a Governor, I am excited that we can ensure this is reflected in the direction of the Trust and service delivery. Equally, I feel it is important to champion the tremendous work that Alder Hey undertakes and that real feeling of a 'one team' culture which must be protected."

"The recent Annual Members' Meeting highlighted the success of Alder Hey in the past year. In particular, the continued support to staff during such challenging times and the opening of the Hospital Medi-Cinema which is fantastic for all patients!"

# UPDATE FROM ALDER HEY CHILDREN'S CHARITY

## THE CHRISTMAS SEASON IS UPON US AND EVERYONE AT THE CHARITY IS CERTAINLY WELL INTO THE CHRISTMAS SPIRIT!

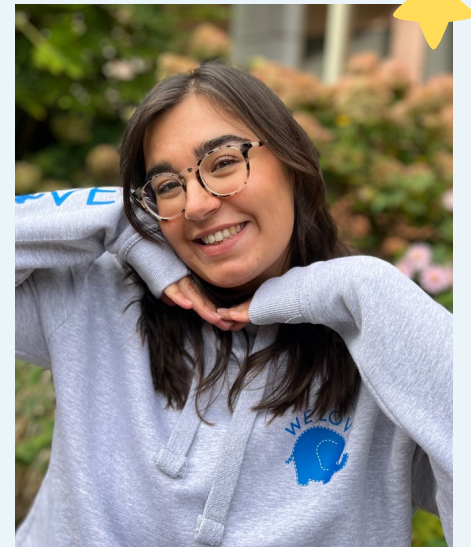
Alder Hey Children's Charity was honoured to be selected as the official charity partner of Liverpool's Santa Dash, which this year celebrated its 20th anniversary! We also kicked the festive celebrations off early with our Jolly Oli Christmas Concert at St. George's Hall,

as hundreds of guests joined us for an unforgettable evening of festivities.

This year for our Christmas appeal we are asking you to give the gift of film to a child at Alder Hey, as we have launched our MediCinema Appeal for a state-of-the-art cinema to be built right here at Alder Hey! In partnership with Alder Hey NHS Foundation Trust and MediCinema Charity, we are asking you to buy a cinema ticket and help us to bring a bit of Hollywood magic to Alder Hey.

Visit our appeal page at [Alder Hey Charity](#) for more information.

As we look ahead to the New Year, keep an eye out for tickets to our annual Oli Safari Walk, which is returning in 2024 to Knowsley Safari Park for its tenth year! Oli's Safari Walk is a 3km stroll which is suitable for all ages and is wheelchair and pram friendly, so gather your family and friends and head on down to Knowsley on 12th May 2024 for another unmissable event!



Charity hoodies now available in-store and online

**Alder Hey**  
CHILDREN'S CHARITY

## Oli's Safari Walk

Knowsley Safari Park  
Sunday 12<sup>th</sup> May 2024  
Gates Open @ 9:00am  
Event Starts @ 10:00am

- 3k Sponsored Walk
- Wheelchair & Pram Friendly
- Full Safari Access Included

Presented by **APPLIED NUTRITION**

**Ticket Information:**  
Adults - £15.00 | Children - £7.50 | Family (2 Adults & 2 Children) - £30.00

To find out more, or to purchase tickets, visit [www.alderheycharity.org/events](http://www.alderheycharity.org/events), email [helen.hughes@alderheycharity.org](mailto:helen.hughes@alderheycharity.org) or scan the QR code.

Online Entry (online registration closes Thursday 9<sup>th</sup> May).

Registered Charity No: 1160661

Scan here for more info

More information is available on our website, so go to [Alder Hey Charity](#) for everything you need to know!

# KIDS CORNER

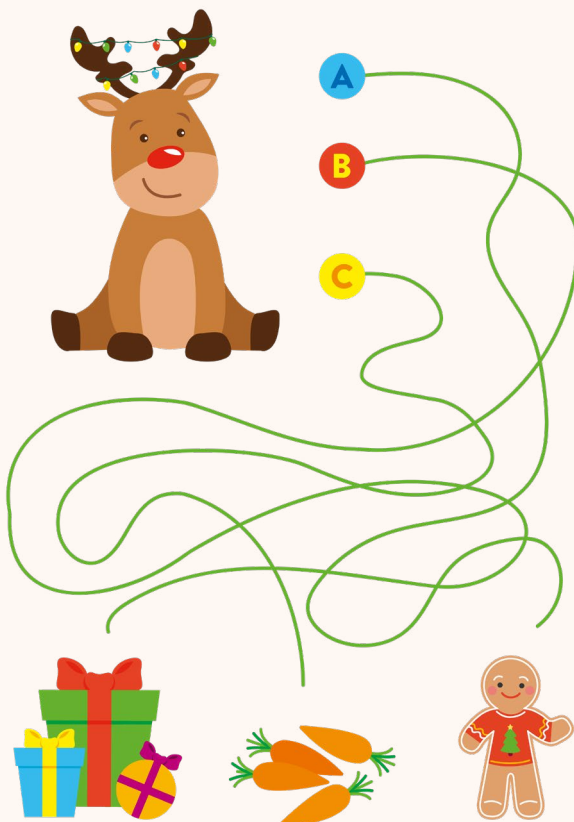
## SANTA'S SPOT THE DIFFERENCE!

Can you spot the 10 differences between the two pictures of Santa and his elves?



## RUDOLPH'S HUNGRY

Which path takes Rudolph to his carrots?



## OLI'S JOKES!

What do elves learn at school? *The elf-abet*

What do monkeys sing at Christmas? *Jungle Bells*

How does Rudolph know when it is Christmas? *He checks his calen-deer*

What does Santa's dog want for Christmas? *A mobile bone*

