

**Reference Number:** FOIAH2324/232  
**From:** Commercial  
**Date:** 28 July 2023  
**Subject:** Mental Health and Crisis services

**Q1** In the area you cover, are there services / pathways / arrangements for screening groups of young people with higher risk of mental ill-health, for example:

- children in contact with social care
- care leavers
- children who require support from multiple mental health services, e.g. an eating disorder service and anxiety service
- asylum-seeking children

**A1** Yes

**Q2** In the area you cover, are there specific arrangements for young people with complex needs, which may cut across multiple services, e.g. NHS mental health services, social care, youth justice, etc.?

**A2** Yes

**Q3** a. Is there a mental health crisis care team for all young people in the area you cover?  
b. Is follow-up care provided after contact with the mental health crisis team is terminated?

To clarify: by follow-up care with the MH crisis-team we mean to ask whether there are systems of care in place for the patient once the initial contact with the team is finished. Some examples of follow-up care might be: phone calls, teams meeting up with the patient in the following weeks/ months, ongoing home treatment for the patient and so on.

**A3** a. Yes  
b. Yes

**Q4** Do children and young people's mental health services in your area extend to age 25, per NICE guidance?

**A4** No - commissioned up to age 18, however, availability across local partners to provide services up to age of 25.

**Q5** What support is in place for children accepted into NHS mental health services but that are on a waiting list to begin treatment?

**A5** Access to Kooth, low intensity interventions, group support, parent support, access to Crisis Care

**Q6** Which of the following mental health services are offered in your area for children and young people with eating disorders?

- family therapy
- cognitive behavioural therapy
- guided self-help
- interpersonal psychotherapy
- focal psychodynamic therapy

A6 All of the above services are available, if clinically appropriate