Buddy Up









Are you 13-18 years old?

Do you live or attend school in Sefton?



Have you been diagnosed with a disability or additional needs?



Would you like a peer mentor to support you?

then Buddy Up is for you

See over for details















WHAT CAN YOU EXPECT FROM BUDDY UP?



Monthly social clubs!

A chance to be more independent!

Opportunity to meet new people

Group activities during school holidays such as bowling & days at the beach

Learn new skills

If you want to get involved or would like to find out more information please contact Emma Lambert at Sefton CVS:

Office - 0151 920 0726 ext 222

Mobile - 07971 868 105

Email - emma.lambert@seftoncvs.org.uk

Website - http://www.seftoncvs.org.uk/buddyup







