

Sefton Speech, Physiotherapy & Occupational Therapy

Sefton SPOT

Information for Referrers

About the SPOT Service

We are a multidisciplinary team of **Speech and language therapists, Physiotherapists & Occupational Therapists** who are based across two sites in Sefton. We work with children aged under 3 years in a variety of settings including clinics, home and nursery.



Your child may be referred for a SPOT assessment if there are concerns about how their development is progressing.

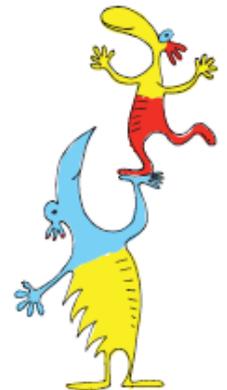
We accept referrals from a variety of services including health visitors, GPs or hospital consultants. We also accept referrals from parents / carers.

How can the SPOT team help?

The therapists who work in the SPOT team are specially trained and very experienced in treating babies and toddlers. We will invite your child to a SPOT clinic appointment for an assessment.

We may assess any or all of the following:

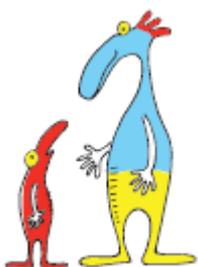
- Developmental progress
- Patterns and quality of movement
- Joint range of movement, muscle tone and muscle strength
- Posture & positioning
- Hand function
- Play skills
- Communication (in combination with other difficulties)
- Functional difficulties including feeding and dressing



If we accept a referral, we will aim to offer an appointment with the SPOT team within 18 weeks. *If you think your child has social interaction or communication issues including sensory difficulties, they need to be referred to the relevant therapist i.e. speech and language therapist or Occupational Therapy, **not SPOT.***

What to expect?

At the first appointment, we will need to gain written consent. It is therefore **essential that a person with parental / legal responsibility brings the child to the appointment.**



At this appointment, we will listen to your concerns and work to understand the difficulties your child is experiencing. This can be done through discussion, observation and assessment. We will ask what activities your child is already engaged in. We will then assess your child in a variety of positions including lying, sitting and standing if appropriate. The physiotherapist may need to therapeutically handle your child's limbs in order to complete the assessment and so your child may need to be undressed.

We may use the **Bayley Infant Neurodevelopmental Screener**, which is an assessment tool that involves a range of play based activities. This helps us to check if your child has any developmental problems or delay.

We will prepare a report which will contain our findings based on the assessment, confirmation of our discussion and a clear plan that we have agreed with you. This report is usually sent to you, and those involved in your child's care e.g. community paediatrician, GP, health visitor. If there is anyone you do not want us to send a copy to, please let us know.

Possible outcomes from the assessment:

- Advice and strategies or programmes to be carried out at home and/or nursery.
Families will be expected to follow therapy advice / programmes where provided. This is a really important part of treatment if you want therapy to help with any problems.
- Referral to other Professionals for example Education, Community Paediatrician etc.
- Signposting to other services / charities
- Further assessment / investigation of need
- Monitoring your child's progress over time
- Treatment / intervention by one or members of the SPOT Team
- Provision of equipment
- Discharge



Our patients matter

If you have any comments or concerns about the service we provide, you can speak with a member of the team directly via the telephone numbers above or contact our Patient Advice and Liaison Service (PALS): ☎ 0151 252 5161 ✉ PALS@alderhey.nhs.uk

How to contact us:

You can email us on seftoncommunity.physio-ot@nhs.net

You can contact the Physiotherapy and Occupational Therapy Service in your area. Or visit the community pages on the Alder Hey website.

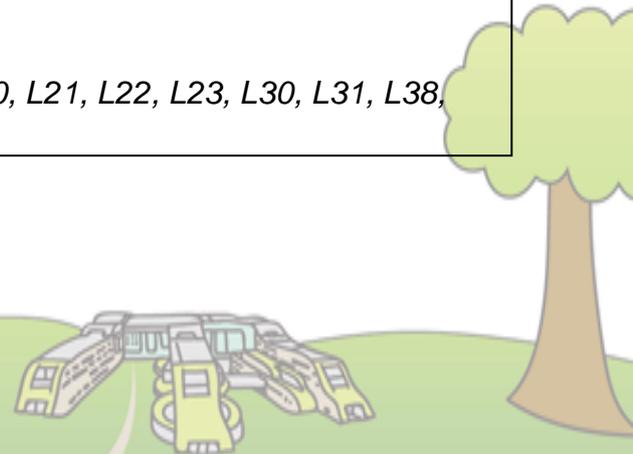
North Sefton

Children's Therapy Service
Hoghton Street Clinic
52 Hoghton Street
Southport
PR9 0PN
Tel: 01704 395 895
(Areas covered - L37, PR8, PR9)

South Sefton

Children's Physiotherapy Service
2nd Floor, Sefton Carers Centre
27-37 South Road
Waterloo
L22 5PE
Tel: 0151 252 5729
(Areas covered - L20, L21, L22, L23, L30, L31, L38,
Sefton parts of L10)

Alder Hey Children's NHS Foundation Trust,
Eaton Road, Liverpool, L12 2AP
Tel: 0151 228 4811
www.alderhey.nhs.uk



SPOT (Speech, Physiotherapy and Occupational Therapy) Service

Combined development assessment for children aged under 3 years living in Sefton requiring more than one therapy service

Please complete all sections – **incomplete referral forms will be returned**

PATIENT INFORMATION

Name:	GP Name:
Address:	Address:
Post Code:	Health Visitor:
Date of Birth:	Contact Number:
Tel / Mobile No:	Name of Nursery if attending:
Email:	Sessions attended:
Gender:	Language:
NHS No (if known):	Interpreter required?
Ethnicity:	

OTHER INFORMATION

Name of Parents / Carers:		
Who has parental responsibility?		Consent for referral? Yes/ No
Is this a Looked After Child (LAC) Yes/No		
Family Structure:		
Professionals already involved:		
Identified risk: e.g. Domestic violence, known infections e.g. Measles, MRSA		
Is the child subject to:		
A Child Protection Plan Yes/No	A Child in Need Plan Yes/No	A Common Assessment Framework Yes/No

REFERRER'S DETAILS

Name:	Designation:
Address:	
Postcode:	
Contact Telephone No:	Date:
Referrer's Signature:	Email:

By completing this form, you are making a request for a SPOT assessment. All referrals are centrally processed and a decision to accept this referral will be made according to the nature of the child's difficulties and the impact this is having on their daily life. All sections of this form **MUST be completed or it will be returned. Referrals must be discussed and agreed with parent/carer**

SPOT (Speech, Physiotherapy and Occupational Therapy) Service

Name: _____ DOB: _____ NHS No: _____

Birth History and General Development:

What are the concerns that you would like help with?

Please give examples of WHO is concerned and HOW the problems make it harder or stop the child doing something they want or need to do e.g. How does it affect the child's daily life?

How concerned are you? (rate the level of concern and add any comments)

Referrer- **Not at all/ a little/ a lot**

Parent- **Not at all/ a little/ a lot**

Diagnosis, if known:

DEVELOPMENTAL SKILLS	COMMENTS
Gross Motor Skills	
Fine Motor	
Play and Communication	
Eating and Drinking	
Other Concerns e.g. behaviours/ sleep etc.	

Tell us about how the child's current level of functioning affects them:

At home-

In nursery-

What opportunities have the family/ nursery provided to help support the child's development?

What has worked well? Give examples of changes

How do you think the SPOT team could help the child?

Is there any other information about the child/ family life you consider relevant?

Please return the form to: seftoncommunity.physio-ot@nhs.net

South Sefton – L20 , L21, L22, L23, L30, L31, L10, L38
2nd Floor, Sefton Carers Centre
27-37 South Road
Waterloo, Liverpool, L22 5PE
Tel: 0151 252 5729

North Sefton L37, PR8, PR9
52 Houghton Street
Southport
PR9 0PN
Tel: 01704 395895