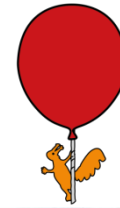




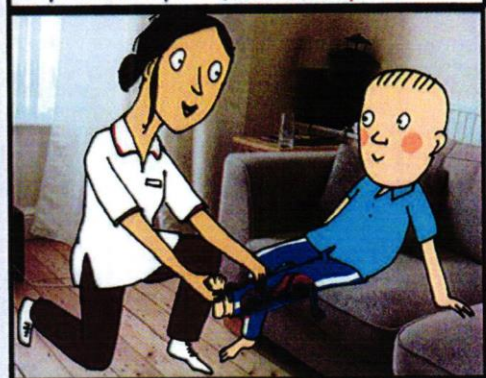
MAC'S OPERATION



Mac saw a doctor called an Orthopaedic (**orthopaedic**) Surgeon (**surjun**). The doctor explained to Mac and his family that an operation might help him. Mac decided he wanted to have the operation

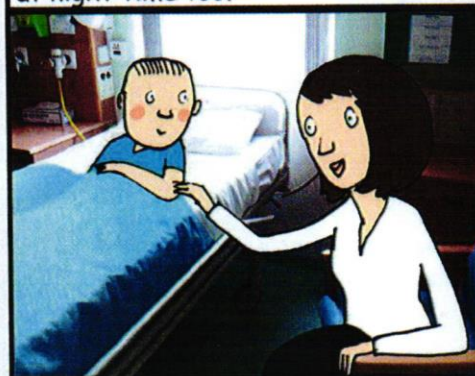


Mac was given some special exercises to do everyday to help him get ready. He did his exercises at home with his Mum and Dad and his Physiotherapist (**fisiotherapist**)



Before his operation Mac came back to hospital to see the doctor again. The doctor wanted to make sure everybody understood what was going to happen.

On the day of his operation Mac went to the ward which has room for lots of other children. His Mum and Dad stayed with him every day he was in hospital. Mum stayed with him at night time too.



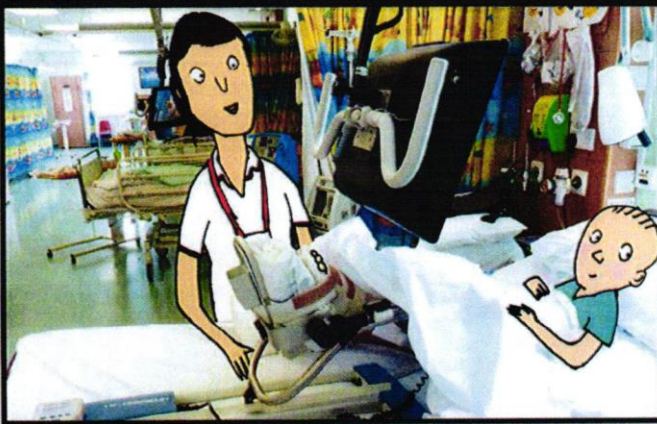
Before his operation Mac was not allowed to eat anything but he did have a drink early in the morning. The nurses put "magic cream" on the back of Mac's hands to make the skin on Mac's hands go numb. This helped the doctors give Mac the special medicine he needed to make him go to sleep. Mac's Mum stayed with him until he went to sleep.



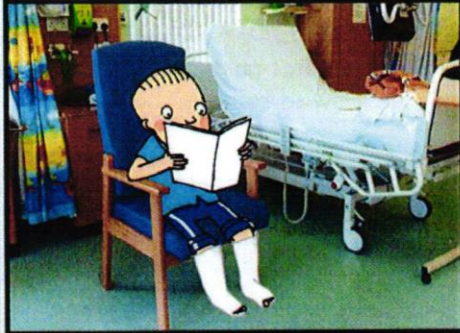
After Mac's operation was over he woke up in a room called Recovery (**recovoree**). Mac's Mum and his nurse were waiting there to bring him back to the ward.

Mac had a small tube in his arm to give him special medicine to make him feel better. He had plaster casts on his legs to keep his legs comfortable.

After his operation a Physiotherapist who works in the hospital came to see Mac. She helped Mac to do some exercises. Mac's Mum and Dad were shown how to do the exercises with him. Mac had to do the exercises at least three times every day.



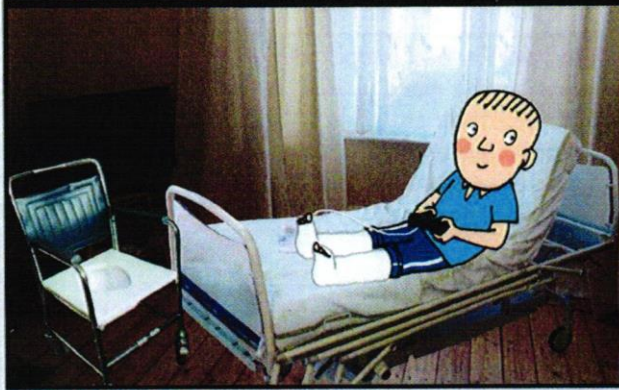
Over the next few days Mac's tubes were taken out and he could move about more easily. He still needed to take some medicine which took most of the pain away so he could do his physiotherapy exercises. Mac stayed in hospital for a few days.



In a short time Mac was allowed to walk. He needed to use a walking frame to help him.



Mac went home. He still needed some extra help and had some special equipment. Mac had a Physiotherapist who came to help him. Mac needed to keep taking some medicine to help him do his exercises.



Mac came back to spend a day at the hospital. The doctor changed his plaster casts and measured him for new foot splints.

It took a while for Mac to get better after his operation. It was important that he kept working hard with his family and Physiotherapist. Mac went back to school, even when he was using his wheelchair.



Every so often Mac came back to hospital for a check up. He had another walking test to see how the operation had helped him.

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment. This information can be made available in other languages and formats if requested. Alder Hey Children's NHS Foundation Trust, Eaton Road, Liverpool, L12 2AP. Tel: 0151 228 4811. www.alderhey.nhs.uk ©Alder Hey. Review Date: Feb 2025 **PIAG: 8**