

Children's Speech & Language Therapy Service
Looking & Listening – Get Face to Face
Information for parents and carers



It helps if your child can see your face when you are talking to them. Why don't you try our top tips...

- 1) Sit on the floor or small chair or both on the sofa so you are at the same level as your child



- 2) Lean forward to gain eye contact
3) Put toys near your face when talking about them
4) Say your child's name and encourage them to look at you



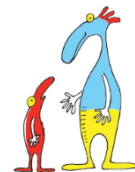
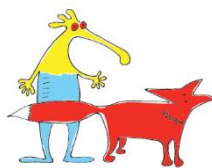
- 5) Quiet time is a good time to talk and play



- 6) Turn off any noise and reduce distractions like the TV, radio, mobile, ipad. Try to find a quiet space to play.

- 7) Some children find it difficult to look at people's faces. Don't make your child look at you if it feels uncomfortable.

For more information visit www.alderhey.nhs.uk or talk to your Speech and Language Therapist.



This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment. This information can be made available in other languages and formats if requested.

Alder Hey Children's NHS Foundation Trust, Eaton Road, Liverpool, L12 2AP. Tel: 0151 228 4811
www.alderhey.nhs.uk

Speech and Language Therapy Department (Liverpool)
Liverpool Innovation Park,
Kilby House,
Digital Way,
Liverpool,
L7 9NJ.

Tel: 0151 295 3990

Speech and Language Therapy Department (Sefton)
Netherton Health Centre,
Magdalene Square,
Bootle,
L30 5SP
Tel: 0151 247 6109