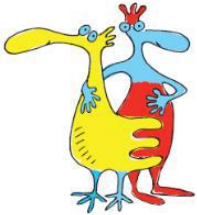


Raising Concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS).

Telephone: 0151 252 5161 (PALS)

Email: PALS@alderhey.nhs.uk



Contact Us

Community Physiotherapy Service
Alder Hey Children's NHS Foundation Trust

1st Floor
Kilby House
Liverpool Innovation Park
L7 9NJ

Tel: 0151 607 2700
www.alderhey.nhs.uk

Language and Accessible Support

This information can be made available in other languages and formats if requested.

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

Alder Hey Children's NHS Foundation Trust
Eaton Road
Liverpool
L12 2AP

Tel: 0151 228 4811

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Review Date: March 2025

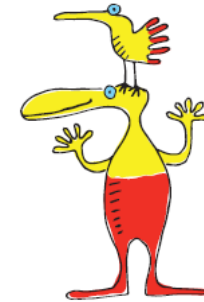
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Alder Hey Children's
NHS Foundation Trust

**Liverpool Community
Physiotherapy Service**

First Appointment Information



**Information for Service Users,
Parents and Guardians**



Who are we?

We are a team of community based health professionals who are experts in movement and child development.

Our team is made up of qualified physiotherapists, and physiotherapy assistants who support the delivery of the service.

Where do we work?

We see children and young people in a variety of community settings including children's centres, nurseries, mainstream schools, special schools and at home.



Who do we see?

We work with children and young people aged 0-18 (0-19 if the young person is in special education provision) who have a Liverpool GP.

We support those with a physical difficulty which impacts on their daily life due to their Neurodisability, neuromuscular condition or developmental delay.

What to expect during your initial appointment

At the first appointment we will need to gain written consent.

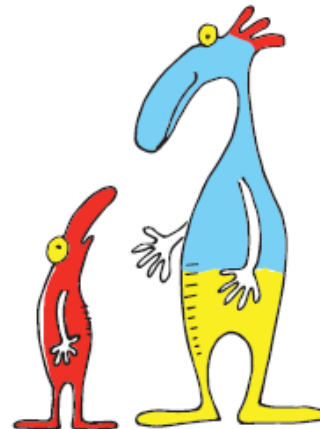
It is therefore essential that a person with parental/legal responsibility brings the child to the first appointment.

If this is not possible, please contact the physiotherapy service before the appointment.

We will listen to your concerns and work to understand the difficulties your child is experiencing.

This can be done through discussion, observation and assessment.

Your child or young person will be asked to carry out a range of physical activities, which most children find enjoyable.



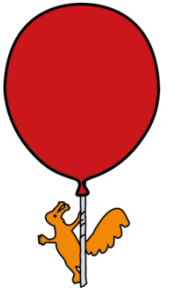
What to expect (continued)

We will never expect your child to do something that they do not feel confident to try.

The physiotherapist may need to handle/ move your child or young person.

They may need to remove some layers of clothing to do this.

You may wish to bring t-shirt and shorts for your child / young person to change into to complete the assessment.



Following the assessment

We will discuss whether physiotherapy will help or not.

If we can help we will agree a plan which will include joint goals on how to best help your child or young person.

We will write a report and ask you who you would like this report to be shared with.