

DONOR MILK INFORMATION LEAFLET

Here at Alder Hey, we recognize that your breast milk is the optimal source of nutrition for your baby and provides protection that will last way beyond the neonatal period.

When mum's own breast milk is not available, or is not the feeding choice, then formula feeding is the other option. However, for some sick or vulnerable newborns, formula feeding is not a recommended choice of nutrition.

Your baby's surgical/medical team have suggested that formula feeding should be avoided until he/she is more able to tolerate it.

We strongly recommend that you provide your own breast milk for your baby, but if you are struggling with your supply, we will supplement your baby with donated breast milk.

This should be used alongside your own breastmilk and not as a direct replacement. Donor breast milk is screened and tested before being pasteurized and is completely safe.

Donor breast milk will only be given whilst your baby is classed as vulnerable and is not a long-term feeding choice. Your milk is by far the best option for your baby and you must be expressing to provide this. You will be supported whilst doing this so please do not hesitate to ask if you have any questions or concerns.

By consenting for your baby to receive donor milk you are agreeing to make every effort, with support, to maximize your own supply and meet your baby's requirements.

This leaflet only gives general information. You must always discuss your individual treatment with the appropriate member of staff. This information can be made available in other languages and formats if requested

Alder Hey Children's NHS Foundation Trust, Eaton Road, Liverpool
L12 2AP. Tel: 0151 228 4811. www.alderhey.nhs.uk

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