



WHEN SHOULD STAFF WASH THEIR HANDS?



OUR STAFF SHOULD USE
HAND SANITISER OR
WASH THEIR HANDS WITH
SOAP AND WATER BEFORE
AND AFTER TOUCHING OR
EXAMINING YOU/YOUR CHILD.

HOW TO WASH YOUR HANDS



1 WET HANDS
WITH CLEAN
RUNNING
WATER



2 ADD
SOAP



3 RUB HANDS
TOGETHER FOR
30 SECONDS
TO CREATE
BUBBLES



4 RINSE
HANDS
TO REMOVE
ALL SOAP



5 PAT HANDS
UNTIL THEY
ARE FULLY
DRY



WHEN SHOULD YOU WASH YOUR HANDS?

YOU SHOULD USE HAND SANITISER OR WASH YOUR HANDS WITH SOAP AND WATER:

BEFORE AND AFTER
EATING FOOD

BEFORE AND AFTER
CARING FOR SOMEONE
WHO IS SICK

AFTER CHANGING
NAPPIES OR CLEANING
A CHILD WHO HAS
USED THE TOILET

AFTER BLOWING
YOUR NOSE,
COUGHING, OR
SNEEZING

BEFORE AND AFTER
TREATING A CUT OR
WOUND

AFTER USING
THE TOILET

AFTER TOUCHING RUBBISH