



Children's Speech & Language Therapy Service

Creating Language Opportunities

Information for parents and carers



**Spend time together talking and listening to your child.
 There's so much to talk about!**

Pause and give your child time to talk. Don't ask too many questions. Comment on what is happening and pause and wait for them to respond...this makes talking more enjoyable for both of you.

Sing favourite songs together. Join in with the actions. See our 'singing with your child' leaflet, ask nursery for ideas of songs to sing or visit www.wordsforlife.org/songs

Daily routines are great for adding lots of language!

Talk about what you're doing throughout the day.



"Let's go to the shops"
 "We need to get milk..."

"Lots of bubbles"
 "Pop...pop...pop!"

"Time to get washed...here's the soap"

"Yellow duck...quack, quack"



Look at and talk about books. You don't need to always read the words. Talk about the pictures, do actions and make silly voices...have fun!



Wait and see what your child wants to do or say then join in. Sometimes we know what our children want before they do! Try not to anticipate, wait and see what they do first and then respond.

For more information visit www.alderhey.nhs.uk or talk to your Speech and Language Therapist.

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment. This information can be made available in other languages and formats if requested.

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