

## What are the positives?

People with ASD have different strengths.  
Here are some positives we have seen  
working with young people who have ASD:

Interesting

Creative

Unique

Funny

Clever

Honest

Leaders

Logical

Detailed

Inspiring

Driven

Passionate

Sensitive

## Successful people with ASD:



Chris Packham: Wildlife Expert



Daryl Hannah: Actress



Ladyhawke: Musician



Satoshi Tajiri: Pokémon Creator

**Please note:** This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

This information can be made available in other languages and formats if requested.

### Alder Hey Children's NHS Foundation Trust

Alder Road

Liverpool

L12 2AP

**Tel: 0151 282 4930**

**Email: [asdqueries@alderhey.nhs.uk](mailto:asdqueries@alderhey.nhs.uk)**

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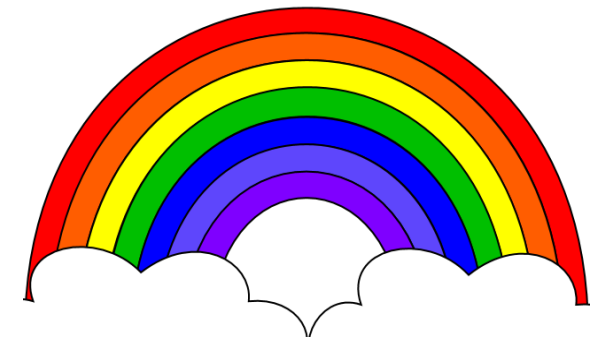
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Community Division

# Alder Hey Autism Service

## Young Person's Leaflet



## What is Autism Spectrum Disorder (ASD)?

- ASD is a life-long condition. It affects people in different ways & at different times.
- When you know you have ASD, you can find out what might be hard for you and what can help you.
- People can't tell you have ASD just looking at you.



### Some things can be harder with ASD :

- Knowing how to chat to people.



- Knowing how to make & keep friends.



- Knowing when people are bored of a talking about a subject or have a different interest.



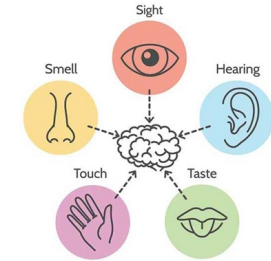
- Using and reading body language & facial expressions.



- Knowing when people are joking and not being mean.
- Expressing feelings.
- Knowing about other people's thoughts and emotions.



- Tolerating noises, smells and textures.



- Changes e.g. new people or a change in a daily plan.



- Taking language literally



It does not mean you will never be able to figure these things out, you just may need help to learn and develop your communication style.