

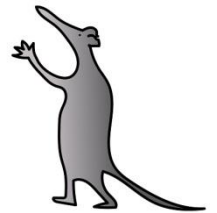
Ward 3A & Surgical Decision Unit

## Discharge advice following Appendicectomy / Laparotomy

Discharge information for parents and carers

**This leaflet aims to provide you with information about how to care for your child once you are at home.**

- After discharge, your child may still experience pain or discomfort. If so, please give painkillers provided by the hospital as you have been directed to. Do not exceed the recommended dose for your child.
- To help your child stay comfortable, we suggest they wear loose clothing that will not rub against the site of operation.
- Keep the wound site clean and dry.
- Your child should stay away from school until they are walking normally and wearing their usual clothing comfortably.
- Your child should avoid P.E., games, swimming or any other strenuous activity for two weeks.
- If, after discharge, your child develops a temperature, or you notice any redness, swelling, unusual discharge from the wound, or if your child develops constipation or diarrhoea, then contact your GP, district nurse, or hospital.
- Give your child a normal balanced diet, unless otherwise advised to do so.



### Who to contact if you have any worries

If you need to ask advice or have any worries or problems, please do not hesitate to contact ward 3A by telephoning:

0151 252 5416 / 0151 252 5447.

Medications

Post-operative instruction:

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

This information can be made available in other languages and formats if requested.

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