

Reference Number: FOI202223//583

From: Other

Date: 10 February 2023

Subject: The Trusts' measurement of its performance against the 'Access and Waiting Time Standard for Children and Young People with an Eating Disorder'

Q1 At what point – from the list below - does the Community Eating Disorder Service/s for Children and Young People and any other relevant mental health services provided by your Trust currently stop the 'waiting times clock' for children and young people with an eating disorder? *If the Trust provides more than one relevant service, please list answers separately for each.*

- Initial phone call to the patient and/or parents/guardians
- Parent/guardian psychoeducation group
- Onward referral to a non-NHS organisation
- Assessment appointment (in person or by video call)
- Second individual appointment for the patient (with or without family present) i.e. First full treatment appointment
- At another time, please specify.

A1 [Assessment appointment \(in person or by video call\)](#)

Q2 Does the Community Eating Disorder Service/s for Children and Young People and any other relevant mental health services provided by your Trust provide the assessment and first treatment session for children and young people with an eating disorder on the same date? *If the Trust provides more than one relevant service, please list answers separately for each.*

A2 [Yes – we offer an assessment appointment and feedback/treatment appointment which are completed on the same day](#)

Q3 Please list the clinical interventions that the Trust currently uses as justifications to stop the 'waiting times clock' for children and young people with an eating disorder. *If the Trust provides more than one relevant service, please list answers separately for each.*

A3 [Our Assessment clinic and feedback/treatment are completed on the same day – initially there is a full assessment appointment in the morning. The assessment is discussed by the MDT in the afternoon and full feedback is provided for the young person and family, which includes starting treatment \(this includes meal planning, care planning, risk assessment etc\)](#)

Q4 Please disclose the median and mean gaps (in calendar days) between the appointment used to stop the 'waiting times clock' and the subsequent individual or single family (not group) treatment appointment for children and young people with an eating disorder. *Please do this for each of the (tax) years listed below, based on the year in which the clock was stopped. If the Trust provides more than one relevant service, please list answers separately for each.*

- 2019/20 (tax year)

- 2020/21 (tax year)
- 2021/22 (tax year)
- 2022/23 (tax year – to date [please specify months covered])

A4

Clock Stop Year	Mean Wait between appointments (Days)	Median Wait between appointments (Days)
2019-20	14	10
2020-21	14	7
2021-22	14	8
2022-23*	17	8

Please note:

- 2022-23 includes clock stop appointments up to and including 31st January 2023
- Assessment clinic process changed mid 2021/22