

Reference Number: FOI202122474

From: Other

Date: 10 February 2022

Subject: arrangements and services Alder hay UBH has in place for transition from Paediatrics to adult services for people with epilepsy

Q1 We request that you advise what arrangements and services Alder hay UBH has in place for transition from Paediatrics to adult services for people with epilepsy.

It is well known from the literature, and patient and parent reports that gaps in this area exist.

Our objective is to identifying gaps and shortfalls within the transition service from the data we receive with the view of having realistic proposal to put to the Boards to improve this service.

A1 Alder Hey is committed to improving Transition: it is one of the Trust's strategic objectives. There is a Transition Steering Group, a 10 step Transition Plan, a lead transition nurse and lead transition consultant.

From an epilepsy perspective there is a monthly transition clinic based at the Walton Centre supported by both an adult neurologist and a paediatric neurologist from Alder Hey. Approximately 60 young people with complex epilepsy are seen as new patients in this clinic each year.

There is currently no nursing provision at this clinic due to paucity of resources within both children and adult epilepsy nursing teams. However not every young person with epilepsy is referred to the Walton clinic – some go back to local adult services and some to their GP.

As an epilepsy service we have already identified we have a gap in our transition provision and our divisional management team is actively working to supporting us in improving our transition compliance and we hope to establish a case for a dedicated epilepsy nurse at Alder Hey.