

**Reference Number:** FOI202223/304  
**From:** Commercial  
**Date:** 20 September 2022  
**Subject:** Benzodiazepine usage

- Q1 Number of self-referrals to GPs for benzodiazepine usage 2018-22, broken down by year (2018, 2019, 2020, 2021, 2022):
- Per gender
  - Per ethnicity
- A1 Information not held - Alder Hey Children's NHS Foundation Trust is a specialist children's hospital and does not provide General Practitioner (GP) services
- Q2 Number of hospitalisations of those aged 15-30 years old for issues related to benzodiazepine usage 2018-2022, broken down by year (2018, 2019, 2020, 2021, 2022):
- Per gender
  - Per ethnicity
- A2 Information not held. The Trust does not routinely collate or hold this information centrally as part of its management or performance data. In order to ascertain the data the Trust would be required to access personal data of the individuals and as such the data is exempt under Section 40: Personal data.
- Q3 Number of hospital admissions aged 15-30 years old with benzodiazepine related mental disorders/behavioural disorders 2018-2022, broken down by year (2018, 2019, 2020, 2021, 2022):
- Per gender
  - Per ethnicity
- A3 Information not held. The Trust does not routinely collate or hold this information centrally as part of its management or performance data. In order to ascertain the data the Trust would be required to access personal data of the individuals and as such the data is exempt under Section 40: Personal data.
- Q4 Number of people aged 15-30 years old visiting GP seeking withdrawal treatment for benzodiazepines 2018-2022, broken down by year (2018, 2019, 2020, 2021, 2022):
- Per gender
  - Per ethnicity
- A4 Information not held - Alder Hey Children's NHS Foundation Trust is a specialist children's hospital and does not provide General Practitioner (GP) services
- Q5 Number of people aged 15-30 years old referred to by a GP for mental health services for support relating to benzodiazepines use 2018-2022, broken down by year (2018, 2019, 2020, 2021, 2022):
- Per gender
  - Per ethnicity

A5 Information not held. The Trust does not routinely collate or hold this information centrally as part of its management or performance data. In order to ascertain the data the Trust would be required to access personal data of the individuals and as such the data is exempt under Section 40: Personal data.